

Whispering Hills News

A Community of Neighbors

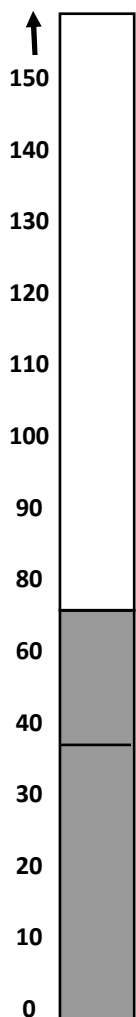
Serving the Residents of the Whispering Hills Neighborhood

MARCH 2022

WHNA Membership Moves Upward Slowly...

Thank you to those who have shown support through both membership and involvement.

The graph depicts an increase of about 35 residences that are members of WHNA since the January newsletter. Can



we double that by the May newsletter?

There are still 5 streets that have no representation:

Baythorne, Bernardin, Brentridge Dr., Daystrom, and Hedgeapple.

The Whispering Hills neighborhood includes 615 homes. It takes more than 73 memberships to keep WHNA functioning, and as a means to keep the neighborhood safe and pleasant to live in and, to keep this newsletter alive.

Sign up NOW!!

See the form on the back page.

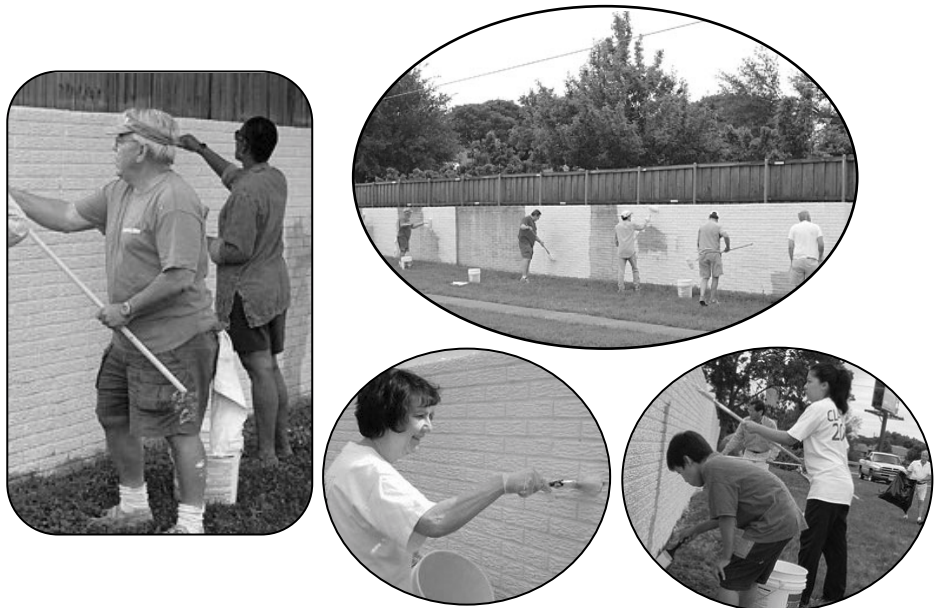
Volunteers Needed to Paint Our Walls Can You help?

One of the main goals for the neighborhood association this year is to repair the walls at the south entrance and repaint the entire south-facing wall, continuing around the corner by the tracks on Walnut to cover what's seen from Walnut, and the small section on the north end.

After seeing how expensive the bids are to repaint the South wall, volunteers have stepped forward to make one final attempt to accomplish the painting portion through a volunteer effort which would leave more funds available for future wall repairs or other projects. Neighbors have done this before and had a great time! (see pictures from 2010) Families, women and older kids joined in. It was a great day of fun, getting to know some new folks and accomplishing something very important for our neighborhood: it's beautification. After the wall is painted, the landscaping begins.

Our goal is to paint on April 23rd. If we are rained out, then May 7th is the alternate date. **Let us know you want to volunteer at whna22@yahoo.com by midnight March 26th.** Please include your name, phone number and how many people will be participating.

Show your support for your neighborhood by responding and joining in on this effort. Help keep your neighborhood beautiful!



WHNA Board & Committee Chairs

NEXTDOOR NETWORK:
whisperinghills.nextdoor.com
WEBSITE: whnadallas.com
WHNA Mailing Address:
10323 Cimmaron Trail
Dallas, TX. 75243

2022 Board Members:

President

Keli Kincaid

WHNApresident@whnadallas.com

Vice President

Davene Morgan

WHNAvicepresident@whnadallas.com

Secretary

Anne Meadows

WHNAsecretary@whnadallas.com

Treasurer/Website

Cynthia Houck

WHNAtreasurer@whnadallas.com

Member-at-Large

Wendy Kelly

WHNAmemberatlarge@whnadallas.com

Past President

Chuck Laughlin

WHNApastpresident@whnadallas.com

Committee Chairs:

VIP /Crime Watch Coordinator

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WHNAvipcoordinator@whna.com

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Parks/Recycling

Carol Tobias

WHNAparks@whnadallas.com

Membership Drive Coordinator - OPEN

Stressed? Here's Something to Think About

Anonymous

A young lady confidently walked around the room with a raised glass of water while leading a seminar and explaining stress management to her audience. Everyone knew she was going to ask the ultimate question, 'Half empty or half full?' She fooled them all. "How heavy is this glass of water?" she inquired with a smile. Answers called out ranged from 8 oz. to 20 oz.

She replied, "The absolute weight doesn't matter. It depends on how long I hold it. If I hold it for a minute, that's not a problem. If I hold it for an hour, I'll have an ache in my right arm."

"If I hold it for a day, you'll probably have to call an ambulance. In each case it's the same weight, but the longer I hold it, the heavier it becomes."

She continued, "And that's the way it is with stress. If we carry our burdens all the time, sooner or later, as the burden becomes increasingly heavy, we won't be able to carry on."

"As with the glass of water, you have to put it down for a while and rest before holding it again. When we're refreshed, we can carry on with the burden - holding stress longer and better each time practiced.

"So, as early in the evening as you can, put all your burdens down. Don't carry them through the evening and into the night. Pick them up again tomorrow if you must."

A Little Bit of Neighborhood History



From Richardson Daily News August 11, 1968

NEW FORESTRIDGE SCHOOL—One of the newest schools in the Richardson Independent School District, scheduled to open this fall, is Forestridge Elementary School, which is located in northwest Garland and will be open to students in grades 1-6 living west of Plano Road. The fully air-conditioned building will feature 12 carpeted classrooms, a

library, materials center and administration-office suite, and is planned to allow for future expansion. It is unique in that it is located just outside the Garland city limits, in Dallas, in the Richardson School District, to serve students living in Garland. An enrollment of 274 is expected this fall. (Staff Photo)

WHNA Board Meeting Summary

The monthly WHNA Board meeting was held via Zoom on March 8th. About a dozen people attended.

One of the neighbors brought up a concern regarding water which is being investigated by the City. If you experience low water pressure, or if you are concerned about your water quality, you may request more information or a free water quality test by calling 311.

The outdated Neighborhood Association website needs a new administrator. Currently it's hosted on Word Press, and maintained by a former neighbor but it could be moved to another hosting service if you prefer. If you're willing to volunteer or have a suggestion, please let us know at whna22@yahoo.com.

Other discussion centered on getting the walls painted. Decisions on that appear in a separate item on the front page.

Garage Sale Information

[dallascityhall.com/departments/
codecompliance/Pages/garage-sales.aspx](http://dallascityhall.com/departments/codecompliance/Pages/garage-sales.aspx)



Facebook Group for Families with Young Children

Search Whispering Hills Families, and request to join. We have the group as "private" for safety reasons.



Whispering Hills Book Club

The group has not started yet for this year.

Let Ancanetta Wright know you want to participate at:

netta2038@aol.com or 972-497-9904.

Information will be sent when a date has been decided.

Notice on Bulky Trash Pick-up

In February, the 4th Monday was the last day of the month, confusing neighbors who thought pickup was the last week of the month. Bulky trash pickup is not always the last week of the month. It depends on where the 4th Monday falls, which can sometimes be the last day of the month. Fortunately February is the only month this year that this happens.

Dallas Code Compliance is getting ready to add 45 new officers, possibly making more frequent checks likely.

To help you avoid being fined, and to remind you when to set out your bulky trash, WHNA volunteers will post signs at two points along Whispering Hills. They will appear on the Thursday you can put things out on the curb for pickup that occurs the following week. The trucks sometimes come by early on Monday morning so be sure to have your things out by Sunday evening.

The signs will be removed the following Sunday. If you don't see signs, it's not the week for set-out, or it's too late. Sometimes you may be able to sneak a few items out after Sunday if the trucks are late in getting to the neighborhood.

You can get the calendar for the whole year at dallascityhall.com and click on Departments at the very top of the page. Go to Sanitation > Residential Services > Brush and Bulky Items. Toward the bottom of the page find "Get a Calendar." You can even "Get a Reminder" on your cell phone or by email!!

Did You Know....?

All those cardboard boxes are recyclable? Flatten and put them into the Blue Bin.

And...Glass, Mirrors, and Electronics should NOT be placed out for bulky trash (curb) pickup.

Notes from the February Public Safety Committee Meeting

Ariya Villegas, Community Prosecutor District 10, Coordinator

Northeast PD Criminal Activity Report

By Lt. Nichols, Day Commander

Violent crime is down for non-family violence.

Family violence is flat.

Violent Crime Plan Update

Phase 1: Grid Patrols – Currently there are 11 grids active in Northeast Division with 7 grids active in District 10

Phase 2: Place Network Investigations – Currently there are none active in District 10 but there are some in the rest of Northeast DPD area. Each shift has officers assigned to areas considered Hot Spots in District 10, i.e. Forest and Audelia. Officers are assigned to make drive-throughs of these areas multiple times during each shift.

Quality of Life Crimes

More patrols are now focused on speeding, street racing, loud music, homelessness.

Community Prosecutor's Report

By Ariya Villegas, District 10 Prosecutor

Eight properties handled as nuisances in District 10: 4 multi-family, 2 hotels, 1 condo and 1 single family residence

A question was asked about FM Food Mart and the Walnut/Audelia intersection and how many incidents, and to what level of severity, have to be connected to a single address or area to be entered into the nuisance system. A general answer was given that a prosecutor's detective would be assigned to check out recent police reports.

Get Homework Help at the Dallas Public Library

Use Your library card to connect with a free online tutor.

HelpNow by Brainfuse offers live homework help in all major subjects.

Help is also available in Spanish.

Google Dallas Public Library to get a free card.

Can Your Emergency Contacts Be Reached From Your Mobile Phone?

Recently a neighbor unexpectedly lost his wife. She was in line at the drive through at Sonic when workers wondered why she wasn't moving her car, Then they discovered she wasn't moving in the car either.

Police and an ambulance were called. Her phone was found in the car, but there was no clue on the lock screen as to who to call to let them know the person's situation. Fortunately the phone was left at the nurses' station and her phone rang, providing access to a contact.

Both Android and iPhones have ways to enter emergency information for use in these types of situations. Unfortunately, there is some inconsistency among models on how to do it. However, you can google "How to enter emergency info into iPhone (or android)" to see the procedure that may work on your phone.

There is some confusion on how a lock screen can be opened by someone other than the phone's owner. There may be some way to simply add the phone number of someone other than yourself to the lock screen.

Another way to provide emergency information is simply to put it on paper and stick it in your wallet with your drivers' license.

Encourage residents on your street to join WHNA!
Be the street with the highest percentage of members!
A list of street percentages will be shown in the next newsletter.

Want to Be Part of Crime Watch?

Contact Mike Gorman at Info on Page 2

Email Cyber Attack Warning Information

With the escalating Russia-Ukraine conflict there is an increased likelihood of cyber-attacks against US companies. Extra scrutiny and vigilance should be taken regarding all social engineering activities prior to opening attachment or clicking on website links within emails.

What You Can Do

- Never send sensitive information such as a user ID, password, bank details, social security number, etc. over email.
- Be mindful of who is emailing you. Check email addresses for accuracy and look for signs of suspicious activity, for example if an email is not in the format you'd expect, or a name appears to be spelled incorrectly.
- Hover over links **WITHOUT CLICKING** — the destination will show in the bottom left of your screen and you can see whether it looks right.
- Treat any attachment that you didn't request or were not expecting as highly suspect.

Neighborhood Criminal Activity Continues Downward Trend

Report by Mike Gorman, VIP Coordinator

January 2021

18 Total Reports,
9 with DPD incident numbers

January 2022:

9 Total Reports,
4 with DPD Incident numbers

February 2021

29 Total Reports,
15 with DPD incident numbers

February 2022

7 Total Reports,
5 with DPD incident numbers

March 2021

6 Total Report,
4 DPD incident numbers

March 2022

1 Report through March 10th,
0 DPD numbers

Neighborhood Real Estate Data as of 3/14

Submitted by Nicole Fitzgerald, Monument Realty--Realtor

WHISPERING HILLS REAL ESATE MARKET

12 MONTH RECAP



\$365,375

AVERAGE LIST PRICE

\$366,000

MEDIAN SALE PRICE

4

AVG. DAYS
ON MARKET

2

ACTIVE
LISTINGS

27

AVG. DAYS
TO CLOSE

DALLAS-FORT
WORTH SAW A
'STAGGERING' 25%
JUMP IN HOME
PRICES LAST YEAR.

Gas Tank Siphoning Alert

News reports are starting to surface about criminals siphoning gas from parked cars by drilling into the gas tank, due to high gas prices. If you have to park outside your garage, please be aware and take precautions.

**Some Useful Apps
to add to Your Mobile
Phone.**

iWatch Dallas Dallas Police iwatch911.us

Our Dallas City Code Information

Dallas Sanitation Services Get calendar & reminders

Meet Some of Your Neighborhood Nurses

Interviews by Helen Meyer



Sierra Hawkins

My husband, Matt, and I have lived in Whispering Hills since October 2020 and are first-time home owners. We've loved the location, and feel like our home is the best place as we welcomed our first baby girl, Maeve, this last fall!

I work at Medical City Dallas hospital in the Bone Marrow Transplant/Oncology unit. I have the privilege of caring for people with Leukemia, Lymphoma, and other bone marrow cancers from the moment they are diagnosed and throughout the rest of their treatment.

My job has the perfect balance between emergent critical thinking and relational capacity. I really enjoy

getting to care for my patients for long periods of time as they come and go for multiple treatments. I've been able to care for some of my patients for over 2 years through all the highs and lows, which is special in healthcare. I get to know them and their family, and they feel like my family now, too. I also enjoy the occasional adrenaline rush and the thrill of knowing you played a part in saving someone's life.

Covid has significantly changed my job. The hospital has limited visitors and interactions with staff members for everyone's safety, so nurses have learned to fill many different roles to better care for our patients. Not only are we their nurse, but also their friend, advocate, educator, housekeeper, nutritionist, etc. I wish I could say it's gotten easier, but despite Covid's recent downward trend my job has kept the same difficulties since the beginning of the pandemic because our patients are extremely high risk and staffing is scarce. Nonetheless, the people I get to care for are worth it!



Marlo Cooper

We moved to Whispering Hills about 6 1/2 years ago. We like the location of the neighborhood and that the kids still would be in Richardson Independent School District. We liked the layout of the house, and the neighborhood was quiet. I have been married

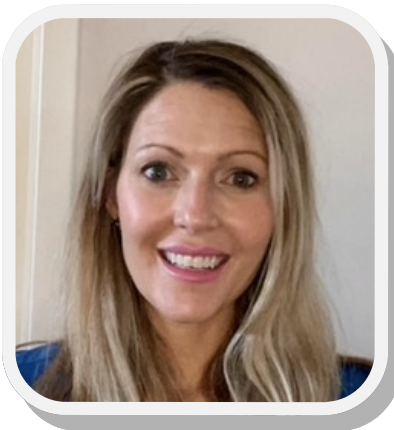
for almost 22 years to my handsome husband. We have six children and the last two currently attend Richardson High School.

I work for HCA Center for Clinical advancement. I am the Division Manager of Simulation and Technology. My responsibilities include coordinating educational programs and realistic clinical scenarios with the clinical educators and other simulation facilitators throughout the North Texas division. We provide orientation training and ongoing company for nurse residents and experienced clinical staff. We also provide CPR and adult and child advance life support classes for Medical City Healthcare.

I am also a Learning Lab Instructor for Western Governors University Pre-Licensure Nursing Program. In this role, I teach skills and facilitate realistic scenarios to validate competency prior to clinical course practices.

I enjoy seeing the growth of the individual and the group over time, ensuring clinical competence and confidence which has a positive impact on clinical outcomes. The patient and families deserve the very best experience every single time. If I can provide training to ensure excellent care that is what matters the most.

At the beginning of COVID, we had to rapidly evolve with our training methodology to meet the needs of staff with the information and training needs changing so often. We did frequent rounding, added special training classes, assisted with monitoring, filled in with staffing as needed on the units and in the vaccine clinics. Now as the COVID numbers have started to decline, have started to shift from doing virtual classes, to providing more live classes and clinical scenarios to help to enhance learning in the clinical environment. We continue to explore innovative ideas to extend learning to all staff by acting out scenarios in live and virtual clinical environment to better manage patient diagnosis and to more effectively manage systems.



Roxanne Singletary

My husband, Nate, and our daughter, Lois, moved here in December 2021. We like the homes in this area and enjoy the proximity to family and work. I grew up in Richardson and Lake Highlands, so I like the familiarity of the location.

I work at Baylor's Rehab hospital in Dallas as a floor nurse and House Supervisor. We treat patients with spinal cord injuries, strokes, traumatic brain injuries, and those recovering from orthopedic procedures. After Covid, we started seeing an influx of patients who were in need of rehabilitation after the debilitating effects of Covid. Many of them had been on a ventilator for months.

I love working with our patients and seeing how much progress is made in the weeks to months of extensive therapy. It is so rewarding to see patients learn to walk again and regain strength and cognitive abilities. I believe our real heroes are the therapists in our facility. It's also important to give their caregivers

some respite from the struggles of caring for their loved ones in difficult times.

When I think back to all of the uncertainty we were facing in the early days of the virus, I am proud that we were innovative in dealing with the challenges we faced. We lost coworkers before vaccines were available and have felt that void.

We also admitted patients that were probably not quite stable enough for rehab and we would have to send them back to receive a higher level of care. Staffing shortages and inventory of materials continue to be an issue for our facility as well as most other industries these days. I am curious to see if some of the nurses and other healthcare workers go back to working at the bedside or continue to work in other capacities.

It is nice that we are able to have family and friends visit their loved ones again in rehab because some of them will be in our hospital for months after already going through an extensive list of medical procedures in acute settings.

We are seeing our census continue to climb recently and that likely reflects those who are now able to have elective surgeries they have needed for the past few years.



Daunn Brim

We moved to Whispering Hills in 1995 because it was close to our church and to my work, though not close to my husband's. Cal worked at Six Flags as the manager of security. I love the size and closeness of our little community. We live on the bulb of a cul de sac, and we love the privacy that affords. The big back yard,

gives us space for our large vegetable garden and chickens.

I retired August of 2020 after working as a nurse for 45 years. I think I earned the retirement. I wore many hats during my career, including pediatrics, NICU, dialysis, transplant, child and adolescent psych, and ending quietly for an insurance company. I am currently volunteering at Hope Clinic, a free medical clinic in Garland, helping write policies and making calls to assist members to receive free medications. It is a joy to be able to help those who financially are unable to afford good medical care.

I have always enjoyed helping others and guiding them in their health decisions, and continue to do that today with many of our friends, even though I am retired.

I was still working when Covid hit, but had been working at home for several years, so it didn't impact me professionally at all.

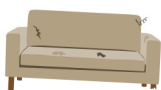
Have a Graduate in the Household?

The May Issue of WHNA News will highlight neighborhood students graduating from high school and college.

If your graduate would like to be included, please email Sonia Harms at whna@sbcglobal.net or send a private message on Nextdoor.



BRUSH & BULK



PICK-UP WEEKS BEGIN:

March 28 and April 25

**Set out on curb beginning Thursday,
March 28 and April 21
before 7am on the Monday of pick-up week.**

Separate bulky trash from brush.

No glass or electronics

**Get the entire 2022 schedule at:
[dallascityhall.com/departments/sanitation/Pages/
brush_and_bulky.aspx](http://dallascityhall.com/departments/sanitation/Pages/brush_and_bulky.aspx)**

Take These Items to the Chemical Collection Center at 11234 Plano Rd, Dallas 75243:

Chemical products Cleaners & polishes
Paint & home repair products Aerosol sprays
Batteries of all kinds Fluorescent light tubes
Automotive fluids & oil filters
Computers & cell phones

Recycle These Items At the Northeast Transfer Station

7677 Fair Oaks Avenue

Wednesdays and Saturdays 7:30am-5pm

- Computer Monitors	- Console Televisions	- Flat Screen Televisions	- Computers
- CRT Television Sets	- Laptops	- Flat Screen Monitors	- Printers
- Office Phones	- Projection Televisions	- Keyboards	- Mice
- Camcorders	- VCR Players	- Electronic Toys	- Copiers
- Kitchen Electronic	- Scanners	- Docking Stations	- Computer Fans
- Speakers	- Microwaves	- Remote Controls	- DVD Players
- Radios	- Stereos	- DVR's	- Faxes
- Cameras	- GPS Navigation	- Receivers	- Walkie-Talkies
- CD Players	- Games Consoles	- Cable Boxes	- Cell Phones
- Digital Converters	- Satellite Receivers	- Tablets	- Small Servers
- MP3's	- Pagers	- Routers	- Calculators

In case you are not aware, our \$50.00 dues are the main source of income for WHNA. (That's \$.14/day; \$.96/week; \$4.17/month.) Dues enable us to pay for recurring expenses including security, common area maintenance, newsletter, social events, and other miscellaneous items.

2022 WHNA Membership Form

I would like my information to be included in the 2022 membership Directory (circle one):

Yes

No

2022.MA.NL

Name(s): _____

Address: _____

_____ <Person 1 Person 2> _____

_____ Home/Cell Phone Home/Cell _____

Please indicate if number is home or cell number.

_____ eMail _____

eMail address will be added to the email blast system for community meetings and events.

Dues: \$50

Additional Donation: _____

(tax deductible)

(tax deductible)

Send check (made payable to WHNA) to WHNA at 10323 Cimmaron Trail.

For PayPal or Credit Card go to www.whnadallas.com/join-whna/



2022 Membership Period

January 1, 2022, through December 31, 2022

Payments after October 1, 2022, apply to 2023 Membership.

